

Access Free Two Fat Ladies Obsessions Pdf For Free

Two Fat Ladies Two Fat Ladies Good Girls Don't Get Fat Spilling the Beans Rifling Through My Drawers Clarissa's England Two Fat Ladies Full Throttle Crackpot Beauty Sick Body of Truth Devil in the Details Fat Girl The Orchid Thief The Obsession Run Your Fat Off Fattily Ever After A History of English Food The Miranda Obsession This Is Your Brain on Music Fitness Junkie Women's Conflicts About Eating and Sexuality Hungry Heart Milk Fed If It Makes You Happy Watching You Fat Girl Two Fat Ladies Ride Again Salt Sugar Fat Jennifer's Diary Good in Bed (20th Anniversary Edition) The Fat Woman's Joke Crazy Cat Lady Fat Girl Slim The Brain That Changes Itself Alcoholics Anonymous Mother Body Within Obsession and Lies The Way We Live Now Fat and Furious The Accidental Feminist

Women's Conflicts About Eating and Sexuality explores the strong relationships food and sex have represented to women over the years. No other book has spelled out so clearly the parallels between sex and eating nor integrated the relationship of these to women's basic need to be loved. Today's dilemma for women--be fat or go hungry--and the endless variations and unsatisfying solutions to this problem have contributed to the incidence of anorexia, bulimia, and obesity. The pursuit of slimness, the obsession with having the perfect body, excessive aerobicizing, and diet books ad nauseam are all part of this phenomenon. Authors in Women's Conflicts About Eating and Sexuality skillfully discuss the parallel between women's obsession with sex and romance in the fifties and their obsession with food today. An important book for all women, it sheds light on the complex issues facing women and devotes special attention to the career woman and the additional pressures to be slim and stay slim. The woman who reads this potentially life-changing book can examine, question, and change her behavior, using the specific step-by-step program aid included in the book. This book is for every woman who has ever worried about being too fat or too sexual. Women's Conflicts About Eating and Sexuality will appeal to women of all ages--young women and their mothers will be fascinated by the parallels between sexual obsessions of thirty years ago and the eating obsessions of today. This healing book will particularly attract single career women for whom sex and relationships are fraught with complications. Counselors and therapists will find this book an excellent resource in their work with helping women. It is also a good auxiliary text for courses in Women's Studies focusing on psychology and history of women and the sociology of women and eating disorders. An outrageous collection from the uniquely legendary John Waters, updated with new material—including Waters's 2002 New York Times article, "Finally, Footlights on the Fat Girls." Crackpot, originally released in 1986, is John Waters's brilliantly entertaining litany of odd and fascinating people, places, and things. From Baltimore to Los Angeles, from William Castle to Pia Zadora, from the National Enquirer to Ronald Reagan's colon, Waters explores the depths of our culture. And he dispenses useful advice along the way: how not to make a movie, how to become famous (read: infamous), and of course, how to most effectively shock and make our nation's public laugh at the same time. Loaded with bonus features, this special edition is guaranteed to leave you totally mental. With the approval of her dying mother, a morbidly obese girl is put into a medically induced coma by a doctor and lawyer who are financially rewarded as long as the girl lives. After ten years she awakens as a size six but her recurring, realistic dreams are filled with erotic feelings and visions that lead her to seek the truth and if deserved, revenge. "Based on the latest research, Run your fat off gives everyone--men and women, marathon runners to casual runners to non runners--the best calorie-burning runs, menus to fuel workouts and lose weight, and day by day personalized plans for beginning and advanced runners"-- From a Pulitzer Prize-winning investigative reporter at The New York Times comes the troubling story of the rise of the processed food industry -- and how it used salt, sugar, and fat to addict us. Salt Sugar Fat is a journey into the highly secretive world of the processed food giants, and the story of how they have deployed these three essential ingredients, over the past five decades, to dominate the North American diet. This is an eye-opening book that demonstrates how the makers of these foods have chosen, time and again, to double down on their efforts to increase consumption and profits, gambling that consumers and regulators would never figure them out. With meticulous original reporting, access to confidential files and memos, and numerous sources from deep inside the industry, it shows how these companies have pushed ahead, despite their own misgivings (never aired publicly). Salt Sugar Fat is the story of how we got here, and it will hold the food giants accountable for the social costs that keep climbing even as some of the industry's own say, "Enough already." Jennifer Paterson and Clarissa Dickson Wright venture forth on a Royal Enfield motorbike to discover the delights of traditional home cooking. In this work they have gathered together their favourite recipes, which include dishes for all occasions. With every twist and turn you don't know what's going to happen. Another Lisa Jewell classic..... Melville Heights is one of the nicest neighborhoods in Bristol, England; home to doctors and lawyers and old-money academics. It's not the sort of place where people are brutally murdered in their own kitchens. But it is the sort of place where everyone has a secret. And everyone is watching you. As the headmaster credited with turning around the local school, Tom Fitzwilliam is beloved by one and all—including Joey Mullen, his new neighbor, who quickly develops an intense infatuation with this thoroughly charming yet unavailable man. Joey thinks her crush is a secret, but Tom's teenaged son Freddie—a prodigy with aspirations of becoming a spy for MI5—excels in observing people and has witnessed Joey behaving strangely around his father. Claire Kann's If It Makes You Happy is a coming-of-age novel about a young girl learning to embrace her cultural and sexuality identity. Winnie is living her best fat girl life and is on her way to the best place on earth. No, not Disneyland--her Granny's diner, Goldeen's, in the small town of Misty Haven. While there, she works in her fabulous 50's inspired uniform, twirling around the diner floor and earning an obscene amount of tips. With her family and ungirlfriend at her side, she has everything she needs for one last perfect summer before starting college in the fall. ...until she becomes Misty Haven's Summer Queen in a highly anticipated matchmaking tradition that she wants absolutely nothing to do with. Newly crowned, Winnie is forced to take center stage in photoshoots and a never-ending list of community royal engagements. Almost immediately, she discovers that she's deathly afraid of it all: the spotlight, the obligations, and the way her Merry Haven Summer King, wears his heart, humor, and honesty on his sleeve. Stripped of Goldeen's protective bubble, to salvage her summer Winnie must conquer her fears, defy expectations, and be the best Winnie she knows she can be—regardless of what anyone else thinks of her. In this magnificent guide to England's cuisine, the inimitable Clarissa Dickson Wright takes us from a medieval feast to a modern-day farmers' market, visiting the Tudor working man's table and a Georgian kitchen along the way. Peppered with surprises and seasoned with wit, A History of England Food is a classic for any food lover. "A wonderful, melodramatic tale-of-the-times, by a master of his craft. It begins in satire and finally resolves into entertaining social comedy." —The Guardian A classic satirical novel by the author of the Chronicles of Baretshire series, The Way We Live Now exposes the financial impropriety, greed, and dishonesty that pervaded all aspects of English society at the time it was published, in 1875. "One of the last examples of the three-volume serialized Victorian novel. If the genre seems nearly as alien to contemporary American readers as the Renaissance epic poem, the world that Trollope portrays is not so remote. Trollope's London is a satirical distortion of the city that he found upon returning from eighteen months of overseas travel: the luxurious center of a vast empire floating on limitless credit, a society defined entirely by commercial interest, a hothouse of financial speculation and status competition, a place where relationships have become purely transactional. . . . Trollope has the advantage of being unafraid, which gives his social criticism its vivid power. This, he tells us, is what extremely civilized people become when the money gets too big." —The New Yorker "Recognized as Trollope's masterpiece . . . As a savage commentary on mid-Victorian England by a marvelously addictive writer steeped in every aspect of an extraordinary society, it could hardly be bettered." —The Guardian "Generous and entertaining." -Publishers Weekly (starred review) Finalist for the PEN/Diamonstein-Spielvogel Award for the Art of the Essay From the #1 New York Times bestselling author and columnist comes a "fiercely funny, powerfully smart, and remarkably brave" (Cheryl Strayed) collection of heartwarming personal essays "as wonderful as her fiction" (Mindy Kaling) that "will enthusiastically reach out to readers and swiftly draw them close" (Publishers Weekly , starred review). Jennifer Weiner is many things: a bestselling author, a Twitter phenomenon, and an "unlikely feminist enforcer" (The New Yorker). She's also a mom, a daughter, and a sister, a clumsy yogini, and a reality-TV devotee. In this "unflinching look at her own experiences" (Entertainment Weekly), Jennifer fashions tales of modern-day womanhood as uproariously funny and moving as the best of Nora Ephron and Tina Fey. No subject is off-limits in these intimate and honest essays: sex, weight, envy, money, her mother's coming out of the closet, her estranged father's death. From lonely adolescence to hearing her six-year-old daughter say the F word-fat-for the first time, Jen dives into the heart of female experience, with the wit and candor that have endeared her to fans all over the world. Crazy Cat Lady (noun): A badge of honor for people who know cats are awesome. Do you often wake up covered in cat hair? Do you keep adopting more and more cats—then staying home Friday nights to cuddle them? Proclaim your feline obsession proudly! Joyfully illustrated with cheeky mottoes, flowcharts, and fun facts throughout, this little book is an affectionate tribute to cats and the cool ladies who love them. Includes a bonus sheet of colorful stickers! A Good Morning America Summer Must-Read! From the bestselling authors of The Knockoff, an outrageously funny novel about one woman's attempt—through clay diets, naked yoga, green juice, and cultish workout classes—to win back her career, save her best friend, and lose thirty pounds. When Janey Sweet, CEO of a couture wedding dress company, is photographed in the front row of a fashion show eating a bruffin—the delicious lovechild of a brioche and a muffin—her best friend and business partner, Beau, gives her an ultimatum: Lose thirty pounds or lose your job. Sure, Janey has gained some weight since her divorce, and no, her beautifully cut trousers don't fit like they used to, so Janey throws herself headlong into the world of the fitness revolution, signing up for a shockingly expensive workout pass, baring it all for Free the Nipple yoga, sweating through boot camp classes run by Sri Lankan militants and spinning to the screams of a Lycra-clad instructor with rage issues. At a juice shop she meets Jacob, a cute young guy who takes her dumpster-diving outside Whole Foods on their first date. At a shaman's tea ceremony she meets Hugh, a silver fox who holds her hand through an ayahuasca hallucination And at a secret exercise studio Janey meets Sara Strong, the wildly popular workout guru whose special dance routine has starlets and wealthy women flocking to her for results that seem too good to be true. As Janey eschews delicious carbs, pays thousands of dollars to charlatans, and is harassed by her very own fitness bracelet, she can't help but wonder: Did she really need to lose weight in the first place? A hilarious send-up of the health and wellness industry, Fitness Junkie is a glorious romp through the absurd landscape of our weight-obsessed culture. "[Beauty Sick] will blow the top off the body image movement...provocative and necessary." —Rebellious Magazine An award-winning psychology professor reveals how the cultural obsession with women's appearance is an epidemic that harms women's ability to get ahead and to live happy, meaningful lives, in this powerful, eye-opening work in the vein of Peggy Orenstein and Sheryl Sandberg. Today's young women face a bewildering set of contradictions when it comes to beauty. They don't want to be Barbie dolls but, like generations of women before them, are told they must look like them. They're angry about the media's treatment of women but hungrily consume the outlets that belittle them. They mock modern culture's absurd beauty ideal and make videos exposing Photoshopping tricks, but feel pressured to emulate the same images they criticize by posing with a "skinny arm." They understand that what they see isn't real but still download apps to airbrush their selfies. Yet these same young women are fierce fighters for the issues they care about. They are ready to fight back against their beauty-sick culture and create a different world for themselves, but they need a way forward. In Beauty Sick, Dr. Renee Engeln, whose TEDx talk on beauty sickness has received more than 250,000 views, reveals the shocking consequences of our obsession with girls' appearance on their emotional and physical health and their wallets and ambitions, including depression, eating disorders, disruptions in cognitive processing, and lost money and time. Combining scientific studies with the voices of real women of all ages, she makes clear that to truly fulfill their potential, we must break free from cultural forces that feed destructive desires, attitudes, and words—from fat-shaming to denigrating commentary about other women. She provides inspiration and workable solutions to help girls and women overcome negative attitudes and embrace their whole selves, to transform their lives, claim the futures they deserve, and, ultimately, change their world. Movie stars establish themselves as brands--and Taylor's brand , in its most memorable outings, has repeatedly introduced a broad audience to feminist ideas. In her breakout film, "National Velvet" (1944), Taylor's character challenges gender discrimination.: Forbidden as a girl to ride her beloved horse in an important race, she poses as a male jockey. Her next milestone, "A Place in the Sun" (1951), can be seen as an abortion rights movie--a cautionary tale from a time before women had ready access to birth control. In "Butterfield 8" (1960), for which she won an Oscar, Taylor isn't censured because she's a prostitute, but because she chooses the men: she controls her sexuality, a core tenet of the third-wave feminism that emerged in the 1990s. Even "Who's Afraid of Virginia Woolf?" (1966) depicts the anguish that befalls a woman when the only way she can express herself is through her husband's stalled career and children. The legendary actress has lived her life defiantly in public--undermining post-war reactionary sex roles, helping directors thwart the Hollywood Production Code, which censored film content between 1934 and 1967. Defying death threats she spearheaded fundraising for AIDS research in the first years of the epidemic, and has championed the rights of people to love whom they love, regardless of gender. Yet her powerful feminist impact has been hidden in plain sight. Drawing on unpublished letters and scripts as well as interviews with Kate Burton, Gore Vidal, Austin Pendleton, Kevin McCarthy, Liz Smith, and others, The Accidental Feminist will surprise Taylor and film fans with its originality and will add a startling dimension to the star's enduring mystique. Mother Body is an intersectional exploration of the trauma and agency held within a body defined by its potential to mother. As Mother Body unfolds, it tasks its reader to understand the expected and unexpected manifestations of motherhood, through menstruation and womb work, but also generational, societal, and literary mothering. With a variety of forms and modes, these poems unpack the experiences of a fat, black woman's body while also manifesting joy, resistance, and celebration. A Top Ten Nonfiction Book of 2005 (Entertainment Weekly) For any woman who has ever had a love/hate relationship with food and with how she looks; for anyone who has knowingly or unconsciously used food to try to fill the

hole in his heart or soothe the craggy edges of his psyche, *Fat Girl* is a brilliantly rendered, angst-filled coming-of-age story of gain and loss. From the lush descriptions of food that call to mind the writings of M.F.K. Fisher at her finest, to the heartbreaking accounts of Moore's deep longing for family and a sense of belonging and love, *Fat Girl* stuns and shocks, saddens and tickles. "Searingly honest without affectation... Moore emerged from her hellish upbringing as a kind of softer Diane Arbus, wielding pen instead of camera."—The Seattle Times "Frank, often funny—intelligent and entertaining."—People (starred review) "God, I love this book. It is wise, funny, painful, revealing, and profoundly honest."—Anne Lamott "Judith Moore grabs the reader by the collar, and shakes up our notion of life in the fat lane."—David Sedaris "Stark... lyrical, and often funny, Judith Moore ambushes you on the very first page, and in short order has lifted you up and broken your heart."—Newsweek "A slap-in-the-face of a book—courageous, heartbreaking, fascinating, and darkly funny."—Augusten Burroughs 'I love Stephanie... She's one of my favourite truth tellers online, she pulls no punches and empowers so many women with her own commitment to equality... This book is going to mean a lot, to a lot of people.' – Jameela Jamil Stephanie Yeboah has experienced racism and fat-phobia throughout her life. From being bullied at school to being objectified and humiliated in her dating life, Stephanie's response to discrimination has always been to change the narrative around body-image and what we see as beautiful. In her debut book, *Fattily Ever After*, Stephanie speaks openly and courageously about her own experience on navigating life as a black, plus-sized woman – telling it how it really is – and how she has managed to find self-acceptance in a world where judgement and discrimination are rife. Featuring stories of every day misogynoir and being fetishized, to navigating the cesspit of online dating and experiencing loneliness, Stephanie shares her thoughts on the treatment of black women throughout history, the marginalisation of black, plus-sized women in the media (even within the body-positivity movement) whilst drawing on wisdom from other black fat liberation champions along the way. Peppered with insightful tips and honest advice and boldly illustrated throughout, this inspiring and powerful book is essential reading for a generation of black, plus-sized women, helping them to live their life openly, unapologetically and with confidence. Named a Best Book of the Year by Entertainment Weekly, Vogue, Time, Esquire, BookPage, and more A Most-Anticipated Selection by Vogue * Refinery29 * Vulture * BuzzFeed * Harper's Bazaar * O, The Oprah Magazine * The Millions * Literary Hub * The Rumpus * Publishers Weekly and more A scathingly funny, wildly erotic, and fiercely imaginative story about food, sex, and god from the acclaimed author of *The Pisces* and *So Sad Today*. Rachel is twenty-four, a lapsed Jew who has made calorie restriction her religion. By day, she maintains an illusion of existential control, by way of obsessive food rituals, while working as an underling at a Los Angeles talent management agency. At night, she pedals nowhere on the elliptical machine. Rachel is content to carry on subsisting—until her therapist encourages her to take a ninety-day communication detox from her mother, who raised her in the tradition of calorie counting. Early in the detox, Rachel meets Miriam, a zaftig young Orthodox Jewish woman who works at her favorite frozen yogurt shop and is intent upon feeding her. Rachel is suddenly and powerfully entranced by Miriam—by her sundaes and her body, her faith and her family—and as the two grow closer, Rachel embarks on a journey marked by mirrors, mysticism, mothers, milk, and honey. Pairing superlative emotional insight with unabashed vivid fantasy, Broder tells a tale of appetites: physical hunger, sexual desire, spiritual longing, and the ways that we as humans can compartmentalize these so often interdependent instincts. *Milk Fed* is a tender and riotously funny meditation on love, certitude, and the question of what we are all being fed, from one of our major writers on the psyche—both sacred and profane. Tracing the link between unexpressed anger and food obsessions to a mother-daughter bond that makes separation impossible, a therapist concludes that daughters must reclaim their own lives and stop using food to suppress their longings. Reprint. Jennifer Traig's memoir *Devil in the Details* paints a portrait of a well-meaning Jewish girl and her good-natured parents, and takes a very funny, very sharp look back at growing up with obsessive-compulsive disorder. Recalling the agony of growing up an obsessive-compulsive religious fanatic, Traig fearlessly confesses the most peculiar behavior like tirelessly scrubbing her hands for a full half hour before dinner, feeding her stuffed animals before herself, and washing everything she owned because she thought it was contaminated by pork fumes. Jennifer's childhood mania was the result of her then undiagnosed OCD joining forces with her Hebrew studies-what psychiatrists call scrupulosity While preparing for her bat mitzvah, she was introduced to an entire set of arcane laws and quickly made it her mission to follow them perfectly. Her parents nipped her religious obsession in the bud early on, but as her teen years went by, her natural tendency toward the extreme led her down different paths of adolescent agony and mortification. Years later, Jennifer remembers these scenes with candor and humor. In the bestselling tradition of *Running with Scissors* and *A Girl Named Zippy*, Jennifer Traig tells an unforgettable story of youthful obsession. Fay Weldon's first novel, a sharp and witty parable of the way people see themselves. The large print edition of the riveting new novel from the #1 New York Times bestselling author of *The Liar*. "She stood in the deep, dark woods, breath shallow and cold prickling over her skin despite the hot, heavy air. She took a step back, then two, as the urge to run fell over her." Naomi Bowes lost her innocence the night she followed her father into the woods. In freeing the girl trapped in the root cellar, Naomi revealed the horrible extent of her father's crimes and made him infamous. No matter how close she gets to happiness, she can't outrun the sins of Thomas David Bowes. Now a successful photographer living under the name Naomi Carson, she has found a place that calls to her, a rambling old house in need of repair, thousands of miles away from everything she's ever known. Naomi wants to embrace the solitude, but the kindly residents of Sunrise Cove keep forcing her to open up—especially the determined Xander Keaton. Naomi can feel her defenses failing, and knows that the connection her new life offers is something she's always secretly craved. But the sins of her father can become an obsession, and, as she's learned time and again, her past is never more than a nightmare away. "Fascinating. Doidge's book is a remarkable and hopeful portrait of the endless adaptability of the human brain."—Oliver Sacks, MD, author of *The Man Who Mistook His Wife for a Hat* What is neuroplasticity? Is it possible to change your brain? Norman Doidge's inspiring guide to the new brain science explains all of this and more An astonishing new science called neuroplasticity is overthrowing the centuries-old notion that the human brain is immutable, and proving that it is, in fact, possible to change your brain. Psychoanalyst, Norman Doidge, M.D., traveled the country to meet both the brilliant scientists championing neuroplasticity, its healing powers, and the people whose lives they've transformed—people whose mental limitations, brain damage or brain trauma were seen as unalterable. We see a woman born with half a brain that rewired itself to work as a whole, blind people who learn to see, learning disorders cured, IQs raised, aging brains rejuvenated, stroke patients learning to speak, children with cerebral palsy learning to move with more grace, depression and anxiety disorders successfully treated, and lifelong character traits changed. Using these marvelous stories to probe mysteries of the body, emotion, love, sex, culture, and education, Dr. Doidge has written an immensely moving, inspiring book that will permanently alter the way we look at our brains, human nature, and human potential. More information to be announced soon on this forthcoming title from Penguin USA *Within Obsession* and *Lies* is the sexy, action-packed first book in *A Court of Gilt and Shadow* Series by bestselling authors Stacy Jones and Harper Wylde. *Power. Obsession. Lies.* Other people dream of being special. They wouldn't, if they knew what a nightmare it is. Arawyn would give anything to be ordinary and rid herself of the power that lives inside her. Dangerous and alluring, it's caused nothing but pain and horror, making her the dark obsession of anyone who gets too close. After years of barely containing it, Arawyn thought she had control... until the night it bursts free and pulses like a beacon. As threats emerge from the shadows, each one more fixated on her than the last, she finds her life infiltrated by three mysterious men. A mafia boss, a psychopath, and a killer. Rathe, Viper, and Fear are much more than they seem. They taste of power and feel impossibly familiar. They call to her soul in a way she's never experienced and might have answers to questions she's been asking her entire life. But darkness and secrets surround them, ones covered in blood and mire. When the monsters stalking her endanger not only her power but her life, she'll have to make a decision: take a risk and let these dangerous men in, or do what she's always done—walk away and try to survive on her own. Trusting them would be a mistake. Yet, she may not have a choice. The monsters hunting her aren't human and they're out for blood. Rathe, Viper, and Fear might be her only chance of making it through this alive. There's only one problem. They aren't human either... From bestselling authors, Stacy Jones and Harper Wylde, comes a darkly seductive new series that blends romance, danger, and the supernatural into an unforgettable read. The two authors of *Two Fat Ladies Full Throttle* share their favorite 150 recipes, obsessing over the ingredients that bring them the most joy, including cherries, asparagus, beef, and scallops. The quintessential Englishwoman Clarissa Dickson Wright, one of the *Two Fat Ladies* and author of *Spilling the Beans*, takes us on a personal journey through the country of her birth. From Cornwall to Cumbria, Norfolk to Northumbria she brings her extraordinary knowledge, huge passion, forthright opinions and inimitable wit to the distinctive history and regional character of every corner of England. In her cornucopia of local knowledge she reveals, for example, how Boudicca was the original Essex girl, that Lincolnshire has a coriander crop second only in size to India's, and just why a Cornish pasty should never contain carrots. As much an entertaining narrative as it is a travel companion, Clarissa's England will amuse, enlighten, surprise and delight all those who read it. A science journalist's provocative exploration of how biology, psychology, media, and culture come together to shape our ongoing obsession with our bodies, while also tackling the myths and realities of the "obesity epidemic." With her inimitable wit and outspoken views, Clarissa Dickson Wright opens her diary and takes us on a journey around Britain with this unrivalled collection of stories and anecdotes from her ever-eventful life. As celebrated cook and champion of the countryside, Clarissa's year includes being propositioned by a burly greyhound courser, meeting the Chairman of the Sandringham branch of the WI, a fishing terrier called Kipper and taking on the Health & Safety officials at a rain-drenched County Show. Criss-crossing the country she introduces us to long-forgotten traditions and colourful local festivals as she meets up with extraordinary characters and friends old and new. Entertaining, poignant, but never politically correct, *RIFLING THROUGH MY DRAWERS* is a breath of fresh air and proves once again why Clarissa is one of the nation's true treasures. She said she was a gorgeous, wealthy, well-connected model and student named Miranda, and she seduced a slew of famous and powerful men—Billy Joel, Warren Beatty, Ted Kennedy, Quincy Jones, Robert DeNiro, Bob Dylan, Buck Henry, Richard Gere, Eric Clapton, and many more—all of them over the phone. In the course of those long, flirtatious conversations some fell madly in love with her. Some became obsessed with her. Some had their hearts broken by her. And then she vanished. In the 12 years since bestselling author Bryan Burrough (Barbarians at the Gate, The Big Rich) first published his story "The Miranda Obsession" in *Vanity Fair*, the legend of Miranda has continued to grow and his article has become a true classic of the genre. On the heels of a just-aired prime-time *Vanity Fair*-CBS "48 Hours" special on enduring Hollywood mysteries, Burrough is republishing his story as an e-book, complete with a new Afterword that brings Miranda's extraordinary tale up to date with the names of still more leading men who fell under her spell, from Bono to Rush Limbaugh. Writes Burrough: "In 30 years in the field...I don't think I've ever come across another [story] like it.... She has much to say about what men want, what men need, and how to keep a man coming back for more." The basic text for *Alcoholics Anonymous*. Based on Dr. Robyn Silverman's groundbreaking research at Tufts University, and filled with searingly honest young voices, *Good Girls Don't Get Fat: – Decodes the ripple effects of actions that damage our girls—and provides tools to help stop them. – Shines light on the positive influence of women who embrace body types of any size—and explains how to model the right behavior. – Shows how girls, whatever their size, can own their strengths, trust their power and accomplish amazing things.* NEW YORK TIMES BESTSELLER • A NEW YORK TIMES NOTABLE BOOK A modern classic of personal journalism, *The Orchid Thief* is Susan Orlean's wickedly funny, elegant, and captivating tale of an amazing obsession. Determined to clone an endangered flower—the rare ghost orchid *Polyrrhiza lindenii*—a deeply eccentric and oddly attractive man named John Laroche leads Orlean on an unforgettable tour of America's strange flower-selling subculture, through Florida's swamps and beyond, along with the Seminoles who help him and the forces of justice who fight him. In the end, Orlean—and the reader—will have more respect for underdog determination and a powerful new definition of passion. In this new edition, coming fifteen years after its initial publication and twenty years after she first met the "orchid thief," Orlean revisits this unforgettable world, and the route by which it was brought to the screen in the film *Adaptation*, in a new retrospective essay. Look for special features inside. Join the Random House Reader's Circle for author chats and more. Praise for *The Orchid Thief* "Stylishly written, whimsical yet sophisticated, quirkily detailed and full of empathy . . . The Orchid Thief shows [Orlean's] gifts in full bloom."—The New York Times Book Review "Fascinating . . . an engrossing journey [full] of theft, hatred, greed, jealousy, madness, and backstabbing."—Los Angeles Times "Orlean's snapshot-vivid, pitch-perfect prose . . . is fast becoming one of our national treasures."—The Washington Post Book World "Orlean's gifts [are] her ear for the self-skewing dialogue, her eye for the incongruous, convincing detail, and her Didion-like deftness in description."—Boston Sunday Globe "A swashbuckling piece of reporting that celebrates some virtues that made America great."—The Wall Street Journal In this groundbreaking union of art and science, rocker-turned-neuroscientist Daniel J. Levitin explores the connection between music—its performance, its composition, how we listen to it, why we enjoy it—and the human brain. Taking on prominent thinkers who argue that music is nothing more than an evolutionary accident, Levitin poses that music is fundamental to our species, perhaps even more so than language. Drawing on the latest research and on musical examples ranging from Mozart to Duke Ellington to Van Halen, he reveals: • How composers produce some of the most pleasurable effects of listening to music by exploiting the way our brains make sense of the world • Why we are so emotionally attached to the music we listened to as teenagers, whether it was Fleetwood Mac, U2, or Dr. Dre • That practice, rather than talent, is the driving force behind musical expertise • How those insidious little jingles (called earworms) get stuck in our head A Los Angeles Times Book Award finalist, *This Is Your Brain on Music* will attract readers of Oliver Sacks and David Byrne, as it is an unprecedented, eye-opening investigation into an obsession at the heart of human nature. Humiliated to discover that her ex-boyfriend has been chronicling their sex life in a series of articles called "Loving a Larger Woman" in a popular women's magazine, journalist Cannie Shapiro embarks on an adventure-filled odyssey as she confronts her losses, makes peace with the past, and comes to terms with herself Fat and friendless, carer to her mother by day and a secret binge eater by night, 28-year-old Alison hates her life. She feels powerless to help herself until one day she encounters the person she would like to be and determines to transform herself. Admiration soon turns to obsession and as Alison loses weight she discovers she's capable of things she never imagined. Will she get the life she desires or the life she deserves?