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The Magic in a Year A Life in a Year The Bible in a Year - Bible Study Book Thinner This Year The Bookshop at 10 Curzon Street Floret Farm's A Year in Flowers 26 Fairmount Avenue A Woman's Guide to Reading the Bible in a Year Everybody Poops 410 Pounds a Year The 12 Week Year Read Through the Bible in a Year Devotional A Life in a Year A Year Off Year of No Clutter A Year from Today A Year Without Months A Year with Aslan A Year of Afghans A Year in the Wilderness Martha's Entertaining Year of Yes A Year at North Hill A Year with Friends Through the Bible in One Year My Year of Rest and Relaxation A Year in Europe The Year of Less Deluxe Then and Now Bible Maps A Year-Book of Medicine, Surgery, and their, Allied Sciences for 1863 1968: Today's Authors Explore a Year of Rebellion, Revolution, and Change Forever for a Year A Year without Men A Widow for One Year A Year Of Sex Fantasy Tales A Novel in a Year Bible in a Year Who Gets In and Why A Year with Mary A Year of Days A Year with Rudolf Nureyev

Presents fascinating, unusual, and gross facts about excrement. In this exquisite and very personal book, Martha Stewart welcomes you into her world, where she entertains in the expressive and beautiful style that she has made so famous. Whether a simple blueberry breakfast on a Sunday morning in Maine or a more lavish holiday dinner at Bedford, each of the gatherings is equally memorable, for what Martha cherishes above all is spending time and sharing delicious food with her family and friends. "A meal of substantial finger foods with ingenious cocktails, a sit-down formal dinner, a buffet supper, or something more relaxed such as a backyard barbecue—each is a welcome and inviting way to entertain," writes Martha. Featuring elegant and casual affairs held throughout the year and a diverse collection of enticing recipes, Martha's Entertaining shows us—in the broadest and most lovely fashion—what it really means to entertain and host today. From an afternoon Easter egg hunt for children to a festive Halloween dinner held inside her horse stable; from a sophisticated cocktail party on a friend's yacht in New York Harbor to a spring garden fête amid the most glorious beds of peonies, Martha's parties offer a glimpse inside her beautiful homes. Each is unforgettable and endlessly inspiring. All of the events feature menus and stories for dreaming and planning, as well as delicious yet approachable recipes: Tomato and Gruyère Toasts, Mini Crab Cakes with Tarragon Tartar Sauce, Tiny Tuna Burgers, Leek and Porcini Risotto, Wild-Mushroom Lasagna, Braised Short Ribs, Roast Turkey Breast with Sage Butter, Rhubarb Crumbles, Blueberry Jam Tartlets, and Chocolate Honey Ice Cream with Butterscotch Sauce, plus some of Martha's favorite drinks, including Pomegranate Cosmopolitans and Honeydew Mojitos. Mix and match the recipes to create your own distinctive occasion. Set among Martha's dining rooms, kitchens, gardens, and patios, this is her most intimate book yet, a new classic for hosts and home cooks of every generation. A road map to every woman's success. Glass ceilings. #MeToo. Less than equal pay for equal work. After decades fighting to free ourselves from male-dominated social and economic structures, women still struggle. But many of us are poised to rise up with innovative ways to approach the many problems facing today's world. A Year without Men is an essential guide to every woman's success and liberation. Using the events of a very painful year in her own personal and professional life—her husband left her, her consulting business took an unexpected hit, and she faced a serious health scare—business consultant and life strategist Allison Carmen explores the forces in women's personal and professional lives that hold us back. In A Year without Men, she offers twelve simple, practical tools to help us look within, find our own values, morals, and passions, work on our skills, call on other women, and forge new ways to do business. Together, we can create a new way to earn money, a new way to look at beauty, and so many other new ways to be in the world. Take a stand and gain the power to overcome any obstacle with A Year without Men. A NEW YORK TIMES NOTABLE BOOK OF 2020 From award-winning higher education journalist and New York Times bestselling author Jeffrey Selingo comes a revealing look from inside the admissions office—one that identifies surprising strategies that will aid in the college search. Getting into a top-ranked college has never seemed more impossible, with acceptance rates at some elite universities dipping into the single digits. In Who Gets In and Why, journalist and higher education expert Jeffrey Selingo dispels entrenched notions of how to compete and win at the admissions game, and reveals that teenagers and parents have much to gain by broadening their notion of what qualifies as a "good college." Hint: it's not all about the sticker on the car window. Selingo, who was embedded in three different admissions offices—a selective private university, a leading liberal arts college, and a flagship public campus—closely observed gatekeepers as they made their often agonizing and sometimes life-changing decisions. He also followed select students and their parents, and he traveled around the country meeting with high school counselors, marketers, behind-the-scenes consultants, and college rankers. While many have long believed that admissions is merit-based, rewarding the best students, Who Gets In and Why presents a more complicated truth, showing that "who gets in" is frequently more about the college's agenda than the applicant. In a world where thousands of equally qualified students vie for a fixed number of spots at elite institutions, admissions officers often make split-second decisions based on a variety of factors—like diversity, money, and, ultimately, whether a student will enroll if accepted. One of the most insightful books ever about "getting in" and what higher education has become, Who Gets In and Why not only provides an usually intimate look at how admissions decisions get made, but guides prospective students on how to honestly assess their strengths and match with the schools that will best serve their interests. This lovely devotional, created especially for you, features a simple plan for reading through the Bible in one year with an accompanying devotional thought inspired by that day's Bible reading. "Collection of essays exploring the boundaries of family, loss, masculinity, and place"-- This provocative in-depth book focuses on the experiences of the infantry soldier in Vietnam. More than 60 Army and Marine Corps infantrymen speak of their experiences during their year-long tours of duty. "[This book documents the author's] life for twelve months during which she bought only consumables: groceries, toiletries, gas for her car. Along the way, she challenged herself to consume less of many other things besides shopping. She decluttered her apartment and got rid of 70 percent of

her belongings; learned how to fix things rather than throw them away; researched the zero waste movement; and completed a television ban. At every stage, she learned that the less she consumed, the more fulfilled she felt. The challenge became a lifeline when, in the course of the year, [the author] found herself in situations that turned her life upside down. In the face of hardship, she realized why she had always turned to shopping, alcohol, and food and what it had cost her"--Amazon.com. 12 stories, 12 characters, 6 men, 6 women. It begins in 2015 and each story represents a country further east and 10 years before the previous one, until it goes around the world. In all of them, sex beats as a life force. Beat by beat, full of bodily sensitivity, twelve characters, six women and six men, enter worlds where reason is overwhelmed by passion, diving into the past on a continuous journey to the east. At every stop you will face real people, patients with social diseases that make our planet such a complex and sometimes inhospitable world. Sex made into fantasy as a vital impulse will be the constant that will animate the development of your existence. An impressive voyeuristic visit to the last century of our history. Reprint of the original, first published in 1864. "Two young teens fall in love for the first time, and discover it might not last forever"--]cProvided by publisher. The creator of "Grey's Anatomy" and "Scandal" details the one-year experiment with saying "yes" that transformed her life, revealing how accepting unexpected invitations she would have otherwise declined enabled powerful benefits. Two noted landscape artists reveal the secrets of their successful five-acre garden, offering tips on perennials, rock gardens, roses, bog gardens, wildflowers, shrubs, conifers, vegetables, and more. 15,000 first printing. Here, for the first time, is an intimate and fascinating portrait of Rudolf Nureyev off-stage - a man who was an exacting, unpredictable, parsimonious and often immature individual, yet who, at the same time, aroused great affection in a host of friends. Simon Robinson frankly recalls his eventful year working for Nureyev. He did everything for this hopelessly impractical dancer except be his lover, much to Nureyev's disappointment. It was the Russian's insatiable sexual appetite that eventually destroyed him. Nureyev had six houses on three continents but no staff in any of them and he couldn't cook, drive, write a letter, tie a necktie or even change a light bulb. In 1990 Simon Robinson, until then professional crew on a racing yacht, became his PA. For the next twelve months they travelled from the Caribbean to America to Europe, living in luxury in Nureyev's New York and Paris apartments and in spartan isolation on his tiny Mediterranean island. Nureyev's explosive nature was exhausting to live with and many times during their year together Robinson nearly quit - and Nureyev nearly sacked him. It didn't happen, however, because Nureyev needed his PA's calm reliability to ballast his own rocky life, and because Robinson knew that genius must make its own rules. We live in a day and age when the demands on a woman's time are great, and our hearts are pulled in countless directions. It's no surprise that many of us struggle to implement daily Bible reading as a practice. But it doesn't have to be that way! Like Mary who "made the right choice" (Luke 10:42) when she stepped back from the busyness of life to sit at the feet of Jesus and listen to His teaching, God wants you to experience the life change that happens when you prioritize spending time with Him. In this one-year journey from Genesis through Revelation, walk through key passages of the Bible at a manageable, five-days-per-week pace. Based on the 260-day Foundations Bible reading plan, you'll engage with daily devotional content, interactive questions, and Scripture memorization challenges, all designed to grow your relationship with God and your knowledge of Him. By using the H.E.A.R.T. journaling method, you'll learn to highlight, explain, apply, respond to passages, and record the truths you find in Scripture, allowing for practical application throughout the year-long plan. Features: A 52-week Bible reading plan that guides you through foundational passages of Scripture Commentary and insights into each day's reading that help you understand God's Word Journaling and Scripture memorization tips that encourage real-life application Leader guide with questions and discussion for discipleship groups 4 Coaching videos, approximately 15-20 minutes in length, to help launch your group as you begin meeting together, plus 1 video especially for the leader, available for purchase or rent Benefits: Develop a passion for the Word of God to experience deeper intimacy in your relationship with Christ. Get a picture of the larger narrative of Scripture. Understand how Scripture helps you answer the questions: Who am I? Who do I want to be? How could I grow in godliness? February is time for snuggling . . . July is time for fireworks . . . This beautifully formatted picture book takes young readers through every month of the year as a little boy, girl, dog, and cat celebrate each month with unique, playful images that convey what makes it special. With gentle pastel illustrations in sequential panels, A Year with Friends teaches young readers about the seasons and the delightful ways they can be experienced with those you love. Praise for A Year with Friends: "This expressive childhood tribute to the joys of nature throughout the year warmly conveys the message that anytime is best when shared with a friend." —Kirkus Reviews "A beautiful, fun, and minimalist journey through the seasons...The format is varied, with panels, spreads, and full-page pictures, and the art is delightful. Youngsters are sure to take pleasure in following the characters' activities throughout the year." —School Library Journal "In this pleasing concept book, husband-and-wife author-illustrator team Seven and Christy introduce two children enjoying typical activities throughout each month of the year." —Booklist "This beautiful new picture book will be a great way to start the New Year in classrooms with young readers. Illustrated with soft shades and panels across double page spreads, the story line alternates between a young girl and a young boy having fun each month of the year." —Reading Today Online "Rather than mentioning specific holidays by name, the book hints at festive occasions...keeping the emphasis on the generous, sociable, and downright fun things friends do together. Christy's illustrations provide humor, energy, and entertainment with year-round appeal." —Publishers Weekly A distinctive, book-length poem written over the course of a year that carries forward the lineage of New York School poets. A 52-Lesson Introduction to the 66 Books of the Bible For more than three decades, Through the Bible in One Year has brought greater insight into God's Word to thousands of believers. Taking the reader completely through the Bible, book by book, this acclaimed learning tool spells out the progressive, step-by-step revelation of God's will; shows how it has become manifest over the centuries; and explains how it affects believers' lives today. With each study, the reader will learn... How to identify major themes in each book of the Bible How to memorize key Scriptures How to recognize God's central messages How each book came into being and the role it plays in the Bible story By embarking on this yearlong journey, believers will see the Bible unfold as a beautiful, divinely inspired true story, with a beginning, a middle, and an end yet to come. And by embracing its themes and truths, they will be better prepared to meet life's daily challenges. In this mix of memoir, guidebook, and travelogue, a married couple documents the year they took off from work and traveled the world together. Wait for me . . . Who knew these three words said to a near stranger would start an international travel adventure? A Year Off is one part memoir, one part travel essays and one part travel guide, documenting the story of Alexandra and David Brown, a couple who decided to take a year off from their jobs and "regular lives" to travel the world together after only knowing each other for four months. Each chapter tackles a different part of the journey,

including: -Practical takeaways for how to take the same leap and travel, like tips on budgeting, planning, pacing and adjusting to culture shock -A look into David and Alexandra's story as they traveled the world together and got to know one another -Colorful memories of their travels, like a dramatic kayak ride in Milford Sound, New Zealand, an emotional evening in India, a life-changing meal in the Loire Valley, France, a hilarious makeover in Romania . . . and many more This inspiring book is for all the dreamers, would-be adventurers and endearingly practical professionals looking to scratch the travel itch. With many gorgeous photographs and actionable travel advice, A Year Off captures all the beauty and magic of the wanderlust spirit, guiding readers on how to take the same leap and showing them just how doable a journey this type of round-the-world travel is. Praise for A Year Off "In A Year Off married couple Alexandra and David Brown chronicle a trip around the world and provide advice for travelers who may want to follow in their footsteps. Filled with personal stories, useful takeaways, beautiful photos and great design, chapters like "Identity Crisis" and "Financial Freak-outs" make it clear that the Browns haven't airbrushed their story." —BookPage "Have you ever dreamed of quitting the rat race and taking a year off—and then swiftly jolted back to reality? If so, A Year Off will give you the inspiration and the courage to make it happen in real life." —The Independent "The art of writing,' Kingsley Amis said, 'is the art of applying the seat of one's trousers to the seat of one's chair.' So start now. Take up a notebook and pen, and write one sentence... Can you write a novel in a year? If you simply sit back and think about the enormity of writing a book, it will seem like a vast and unconquerable task, impossibly daunting. The way to make it less daunting is to break it down into its constituent parts, to do it bit by bit. Over the chapters herein, different aspects of technique are divided up into bite size chunks, the better to aid digestion. The book will look at different aspects of writing, with set exercises to help the reader along in their confidence and technique. It is designed to be read a chapter a week, with the aim of the fledgling writer having a body of material at the year's end which should form a solid start to their novel. Deeply practical, with sound advice at every stage, A NOVEL IN A YEAR is essential reading for any would-be novelist.  Deluxe Then and Now Bible Map Book includes full-color Bible maps with clear-plastic overlays that show modern cities and countries. Now you can see where Bible places are today. This is the deluxe version of the #1 Bible Atlas. It includes twice as many pages as the original version, plus a CD-ROM of all the maps. The best-selling Deluxe Then and Now Bible Map Book brings new relevance to your studies and teaching, and compares Bible locations with modern-day sites. Tell Bible stories and lead studies while presenting today's geography. Here are some examples: Daniel was taken as POW to Iraq (where the ruins of Babylon are today south of Baghdad) and lived there the rest of his life The ruins of Nineveh are in Northern Iraq near Mosul in Kurdish areas The wise men were probably from Iran or Saudi Arabia Queen Esther's throne was less than 300 miles northeast of Kuwait City The CD-ROM inside the book contains all of the same maps in JPG and PDF formats so that you can use them in your own teaching material, essays, and reports. Perfect for students, Bible study leaders, pastors, professors, and others who enjoy Bible study. Deluxe Then and Now Bible Maps uses larger, easier-to-read type than most Bible atlases. The book is full-color and includes the following Bible maps and clear-plastic overlays that display today's cities and countries over Bible-time maps. The Deluxe Then and Now maps and overlays included: The Middle East during Old Testament Times Clear Overlay of modern-day Middle East Map of the Assyrian Empire at three different time periods Clear Overlay of same areas with modern-day countries The Holy Land during the time of the Old Testament (12 Tribes) Clear Overlay of modern-day Israel and surrounding countries The Holy Land with territory of Kings Saul, David, and Solomon Clear Overlay of modern-day Israel and surrounding countries The Holy Land showing the United and Divided Kingdoms Clear Overlay of modern-day Israel and surrounding countries Map of the Babylonian Kingdoms and Persian Empire Clear Overlay of same areas with modern-day countries The Holy Land during the time of Jesus (and a list of where Jesus walked) Clear Overlay of modern-day Holy Land Paul's Journeys (Roman Empire at AD 60) Clear Overlay of modern-day Mediterranean area Deluxe Then and Now Bible Maps/em also includes these maps: List of Paul's journeys and routes Chart of Paul's letters (date, where written, and to whom) Abraham's Journeys (2 maps) Jacob's Journeys Joseph's Journey to Egypt The Exodus and Wilderness Wanderings The Tabernacle layout (birds-eye view) Map of Jerusalem at the time of Kings David and Solomon Map of Jerusalem at the Time of Jesus Tomb of Jesus Chart of major and minor prophets, location, to whom they prophesied Kingdoms of Daniel 2 New Testament and Old Testament Time Line Journeys of Peter and Philip Expansion of Christianity in the Roman Empire Book measures 11.25" x 9.5" x 1". Special hard cover hides spiral binding. Looks great on a bookshelf and opens flat for ease of use and for photocopying for personal or classroom use. Includes a CD-ROM with JPGs and PDFs of the same maps. The information-packed CD-ROM Includes: JPGs of all of the maps listed above, so that can be used in your own Bible study materials or so that you can make your own PowerPoint® presentations. If you don't have time to make your own PowerPoint presentation, there is a 50-slide presentation using the same maps: Then and Now Bible Maps: PowerPoint Presentation. PDFs of all of the maps listed above, so that they can be used to make overhead transparencies or full-page handouts Deluxe Then and Now Bible Maps offers these great benefits: 29 base maps—more than three times as many as the original Then and Now Bible Map Book 40 pages—double the content of the original 8 plastic overlays that show modern-times laid over ancient maps A CD-ROM gives you all of the maps in a reproducible format A hard-cover spine with spiral interior for ease of use Note to professors: Click here for textbook examination or desk copy policy. The digital files are for personal use only, not to transmit, use on the Internet, or for sale. !-- Preview -- Look Inside: Sample Pages of Deluxe Then & Now Bible Maps !-- Insert issuu script -- !-- End issuu script -- Back to the top !-- End Preview -- A young child shares why each month is special, from the winter chill in January and the spring breeze in March to the heat in July and colored leaves in September. A Newbery Honor Book Tomie's family starts building their new house at 26 Fairmount Avenue in 1938, just as a hurricane hits town, starting off a busy, crazy year. Tomie has many adventures all his own, including eating chocolate with his Nana Upstairs, only to find out--the hard way--that they have eaten chocolate laxative. He tries to skip kindergarten when he finds out he won't learn to read until first grade. "I'll be back next year," he says. When Tomie goes to see Snow White, he creates another sensation. Tomie dePaola's childhood memories are hilarious, and his charming illustrations are sure to please. "A thoroughly entertaining and charming story."—School Library Journal "DePaola successfully evokes the voice of a precocious, inquisitive five-year-old everyone would want to befriend. Charming black-and-white illustrations animate the scenes and add a period flare, including a photo album-like assemblage of the characters' portraits at the book's start."—Publishers weekly From one of our boldest, most celebrated new literary voices, a novel about a young woman's efforts to duck the ills of the world by

embarking on an extended hibernation with the help of one of the worst psychiatrists in the annals of literature and the battery of medicines she prescribes. Our narrator should be happy, shouldn't she? She's young, thin, pretty, a recent Columbia graduate, works an easy job at a hip art gallery, lives in an apartment on the Upper East Side of Manhattan paid for, like the rest of her needs, by her inheritance. But there is a dark and vacuous hole in her heart, and it isn't just the loss of her parents, or the way her Wall Street boyfriend treats her, or her sadomasochistic relationship with her best friend, Reva. It's the year 2000 in a city aglitter with wealth and possibility; what could be so terribly wrong? *My Year of Rest and Relaxation* is a powerful answer to that question. Through the story of a year spent under the influence of a truly mad combination of drugs designed to heal our heroine from her alienation from this world, Moshfegh shows us how reasonable, even necessary, alienation can be. Both tender and blackly funny, merciless and compassionate, it is a showcase for the gifts of one of our major writers working at the height of her powers. The guide to shortening your execution cycle down from one year to twelve weeks. Most organizations and individuals work in the context of annual goals and plans; a twelve-month execution cycle. Instead, *The 12 Week Year* avoids the pitfalls and low productivity of annualized thinking. This book redefines your "year" to be 12 weeks long. In 12 weeks, there just isn't enough time to get complacent, and urgency increases and intensifies. The 12 Week Year creates focus and clarity on what matters most and a sense of urgency to do it now. In the end more of the important stuff gets done and the impact on results is profound. Explains how to leverage the power of a 12 week year to drive improved results in any area of your life. Offers a how-to book for both individuals and organizations seeking to improve their execution effectiveness. Authors are leading experts on execution and implementation. Turn your organization's idea of a year on its head, and speed your journey to success. "Of Mary, there is never enough!" Books about the Blessed Virgin abound, yet the words of St. Bernard of Clairvaux still ring true: "Of Mary, there is never enough!" She is a mystery that faithful Christians seek to understand more fully, an ocean "full of grace" still awaiting deeper exploration. In *A Year with Mary: Daily Meditations on the Mother of God*, best-selling Catholic author Paul Thigpen sets sail on that ocean, using as his map the profound insights of saints and other spiritual writers. These 365 reflections, drawn from their writings, reveal Mary's role in God's plan, the virtues she so perfectly models, and the rich benefits of Marian devotion. Premium Ultrasoft with two-tone sewn binding, ribbon marker and gold edges. Welcome to 1968 — a revolution in a book. Essays, memoirs, and more by fourteen award-winning authors offer unique perspectives on one of the world's most tumultuous years. Nineteen sixty-eight was a pivotal year that grew more intense with each day. As thousands of Vietnamese and Americans were killed in war, students across four continents took over colleges and city streets. Assassins murdered Dr. King and Robert F. Kennedy. Demonstrators turned out in Prague and Chicago, and in Mexico City, young people and Olympic athletes protested. In those intense months, generations battled and the world wobbled on the edge of some vast change that was exhilarating one day and terrifying the next. To capture that extraordinary year, editors Marc Aronson and Susan Campbell Bartoletti created an anthology that showcases many genres of nonfiction. Some contributors use a broad canvas, others take a close look at a moment, and matched essays examine the same experience from different points of view. As we face our own moments of crisis and division, 1968 reminds us that we've clashed before and found a way forward — and that looking back can help map a way ahead. With contributions by: Jennifer Anthony Marc Aronson Susan Campbell Bartoletti Loree Griffin Burns Paul Fleischman Omar Figueras Laban Carrick Hill Mark Kurlansky Lenore Look David Lubar Kate MacMillan Kekla Magoon Jim Murphy Elizabeth Partridge For more than fifty years, the world C. S. Lewis created in Narnia has captured our hearts and imaginations. Both children and adults have discovered that rereading the books leads to entirely new experiences and insights. In the midst of these breathtaking stories of adventure, betrayal, and discovery in a magical land are profound messages about the true meaning of life. Whether it is Eustace struggling with his dragon skin, Digory debating obedience to Aslan versus saving his mother, or Edmund facing his shame after his rescue from the White Witch, the questions and dilemmas facing the characters are surprisingly relevant to us today. By pondering the world of Narnia, we better understand our own. In the first book of its kind, *A Year with Aslan* offers 365 of the most thought-provoking passages from all seven books, paired with reflective questions that get at the heart of what matters most. An unprecedented way to experience the magic of Narnia every day of the year, *A Year with Aslan* allows us all to go "Further up and further in!" Learn how to buy, style, and present seasonal flower arrangements for every occasion. With sections on tools, flower care, and design techniques, *Floret Farm's A Year in Flowers* presents all the secrets to arranging garden-fresh bouquets. Featuring expert advice from Erin Benzakein, world-renowned flower farmer, floral designer, and bestselling author of *Floret Farm: Cut Flower Garden*, this book is a gorgeous and comprehensive guide to everything you need to make your own incredible arrangements all year long, whether harvesting flowers from the backyard or shopping for blooms at the market. • Includes an A–Z flower guide with photos and care tips for more than 200 varieties. • Simple-to-follow advice on flower care, material selection, and essential design techniques • More than 25 how-to projects, including magnificent centerpieces, infinitely giftable posies, festive wreaths, and breathtaking bridal bouquets *Floret Farm's A Year in Flowers* offers advice on every phase of working with cut flowers—including gardening, buying, caring for, and arranging fresh flowers. Brimming with indispensable tips and hundreds of vibrant photographs, this book is an invitation to live a flower-filled life and perfect for anyone who loves flowers. • The definitive guide to flower arranging from the biggest star in the farm-to-centerpiece movement • Perfect for flower lovers, avid and novice gardeners, floral designers, wedding planners, florists, small farmers, stylists, designers, crafters, and those passionate about the local floral movement • For those who loved *Floret Farm's Cut Flower Garden* by Erin Benzakein, *The Flower Recipe Book* by Alethea Haramopolis, *Seasonal Flower Arranging* by Ariella Chezar, and *The Flower Chef* by Carly Cylinder This provocative in-depth book focuses on the experiences of the infantry soldier in Vietnam. More than 60 Army and Marine Corps infantrymen speak of their experiences during their year-long tours of duty. "One night when she was four and sleeping in the bottom bunk of her bunk bed, Ruth Cole woke to the sound of lovemaking—it was coming from her parents' bedroom." This sentence opens John Irving's ninth novel, *A Widow for One Year*, a story of a family marked by tragedy. Ruth Cole is a complex, often self-contradictory character—a "difficult" woman. By no means is she conventionally "nice," but she will never be forgotten. Ruth's story is told in three parts, each focusing on a critical time in her life. When we first meet her—on Long Island, in the summer of 1958—Ruth is only four. The second window into Ruth's life opens on the fall of 1990, when she is an unmarried woman whose personal life is not nearly as successful as her literary career. She distrusts her judgment in men, for good reason. *A Widow for One Year* closes in the autumn of 1995, when Ruth Cole is a forty-one-year-old widow and mother. She's about to fall in love for the first time. Richly comic, as well as deeply disturbing, *A Widow for One Year* is a multilayered love story of astonishing emotional force.

Both ribald and erotic, it is also a brilliant novel about the passage of time and the relentlessness of grief. A Unique, Relational Way for Women to Read the Bible in a Year Many women feel overwhelmed at the thought of reading the Bible in a year. Diane Stortz found that it is not only possible but life-changing. Her journey from initial reluctance to excitement about reading the Bible will inspire readers to try it for themselves. Part of a women's group that read through the Bible each year for ten years, the author discovered the value of reading the Bible to get to know God better rather than viewing it only as a book to study. This guide will give women tools to read and discuss the Bible together, drawing them closer to God and each other. Includes a week-by-week reading plan, discussion guide, lists of what to look for, and motivational quotes. Now in paperback, the latest book in the New York Times bestselling, one-million-copy-plus Younger Next Year franchise. The book that tells every reader how to lose weight, discover new vitality, and get in the best shape of your life. The book with the no-nonsense, no-BS, no-shortcuts approach. The book that shows that there's a revolution in aging going on. The book that is the how-to of that revolution. Chris Crowley, the memorable patient and coauthor of Younger Next Year, partners with Jen Satchek, a nutritionist and fitness expert from Tufts University, and in lively, alternating chapters they spell out a weight-loss plan that will have readers losing up to 25 pounds in the first six months—and, much more significantly, keeping it off next year, and the year after, and so on, for life. The message is straightforward and based on the most up-to-date nutritional science: resist the added-fat, added-sugar concoctions created by the food industry; skip the supplements; pile on fruits and vegetables to your heart's content, but it's OK to eat lean meats, too; and don't drink your calories. And exercise! With its simple, fully illustrated program of 25 "sacred exercises," here is everything the reader needs to build muscle, protect joints, add mobility, and put off 70% of the normal problems associated with aging and eliminate 50% of serious illness and injury. "Clear, concise, well-balanced nutritious diet plan. Realistic exercise . . . [and] the combo of the authors—nutrition scientist and witty writer—makes this an easy-to-read volume with loads of timely, science-based information." —Madelyn Fernstrom, Diet and Nutrition Editor, TODAY and NBCNews.com "Chock-full of easy recipes, meal plans, and exercise diagrams." —The Wall Street Journal

Eve has a problem with clutter. Too much stuff and too easily acquired, it confronts her in every corner and on every surface in her house. When she pledges to tackle the worst offender, her horror of a "Hell Room," she anticipates finally being able to throw away all of the unnecessary things she can't bring herself to part with: her fifth-grade report card, dried-up art supplies, an old vinyl raincoat. But what Eve discovers isn't just old CDs and outdated clothing, but a fierce desire within herself to hold on to her identity. Our things represent our memories, our history, a million tiny reference points in our lives. If we throw our stuff in the trash, where does that leave us? And if we don't...how do we know what's really important? Everyone has their own Hell Room, and Eve's battle with her clutter, along with her eventual self-clarity, encourages everyone to dig into their past to declutter their future. Year of No Clutter is a deeply inspiring—and frequently hilarious — examination of why we keep stuff in the first place, and how to let it all go. A Year of Days offers a compelling and powerfully different perspective from the more traditional daily meditation and devotional format. Rooted in deep personal experience and real life insight, each day's writing allows the reader to more fully identify with how the process of recovery can overcome the harsh reality of addiction. Written by someone who has experienced the full measure of the ups and downs of life in both addiction and recovery, this book brings clarity and hope to the practice of recovery. It demonstrates practical approaches in a way that resonates and connects the meaningful action and work of recovery to people who have survived the crushing isolation that is addiction. A Year of Days has grown to become a worldwide community through its popular Facebook page. www.facebook.com/ayearofdays/ The author William Flynn has a unique ability to translate and share a deep insight and understanding of the process of addiction recovery. His writing is popular with those in recovery and family members alike. Learn more at www.ayearofdays.org. Sample Day: JULY 4 When I look back at my youthful days of drinking and drugging there is a laughable irony that I can see today. I can remember wanting to make sure I wasn't a "normie", someone afraid to have fun and take risks, and I was confidently assured in my choice of a lifestyle that was open and free from the constraints and rules of old fashioned society. I didn't want to subject myself to the ideas of living a simple life, doing things slowly, and carefully adhering to restrictive ideas and beliefs. I wanted to be free of the stifling ways of the past. The irony of course is that ultimately I became a prisoner of my own addiction-never wanting to look at myself while busily beating the drums of another person's messages about life. I never learned how to find my own path in life because of the delusion of addiction. I had a lot of rhetorical catch phrases about how to live life-lyrics from songs and slogans from posters-but nothing that really connected in a meaningful way to any true measure of self-discovery or my own values or beliefs. I was trapped in a culture of excess and consumption that fed a self-absorbed need for inebriation and partying. For all my claims of freedom from the clutches of normalcy I became more of a prisoner without even knowing it. There are few incarcerations more profound than one in which we are trapped without even knowing it. Trapped by an addiction that was slowly taking everything I had in life, it kept me deceived and deluded as I willingly sank further into its clutches. In recovery I have found the freedom from the guilt, shame, and hidden issues of my past. Freedom to be able to learn how to like the man I am today and shape how I continue to grow in the future. Freedom to look any man in the eye and be clear about who I am without having to boast, mislead or deceive. I am free from the lies I constantly told myself and others. It has taken hope, faith, courage and willingness to open the door to who I really am and I was afraid of what I would find. Opening that door has allowed me the chance to change, grow, and become free, at first from addiction and alcoholism, and then at last free from the bondage of self. Other single line quotes: "The longer I stay sober the sicker I was when I arrived in recovery." (July 24) "The language of spirituality is love and I couldn't begin to speak it, share it, and live it with others until I learned how to love myself-even just a little." (August 13) "At first in recovery I wanted so much to quickly "get my life back" without really understanding that what was in fact happening was that I was getting a new life." (August 21) "Addiction isolated me from the team sport that is life." (September 15) Nancy Mitford was a brilliant personality, a remarkable novelist and a legendary letter writer. It is not widely known that she was also a bookseller. From 1942 to 1946 she worked in Heywood Hill's famous shop in Curzon Street, and effectively ran it when the male staff were called up for war service. After the war she left to live in France, but she maintained an abiding interest in the shop, its stock, and the many and varied customers who themselves form a cavalcade of the literary stars of post-war Britain. Her letters to Heywood Hill advise on recent French titles that might appeal to him and his customers, gossip engagingly about life in Paris, and enquire anxiously about the reception of her own books, while seeking advice about new titles to read. In return Heywood kept her up to date with customers and their foibles, and with aspects of literary and bookish life in London. Charming, witty, utterly irresistible, the correspondence gives brilliant insights into a

world that has almost disappeared. From National Geographic's 2014 Adventurers of the Year, a beautifully illustrated account of a year in the Boundary Waters Canoe Area Wilderness

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